



Menu 3

Monday

Pork and Vegetable Crumble, Sauteed Potatoes & Veg
Greek Fruit Yoghurt
Filled Pitta Pockets with Cheese & Salad

Tuesday

Sweet Potato, Lentil and Spinach Dahl + Naan Bread
Oaty Peach Crumble & Custard
Ploughmans with Crackers, Cheese & Salad

Wednesday

Turkey Lasagne & Garlic Bread
Bananas & Ice Cream
Egg, Sweetcorn & Spinach Muffin

Thursday

Plant Based Potato Bake with Seasonal Vegetables
Oat & apple Cake & Custard
Vegetable Quiche & Salad

Friday

Fish & vegetable Pie
Fresh Fruit & Greek Yoghurt Flan
Homemade Lentil & Veg soup with Crusty Bread